

22 Rules for Optimal Health in This Time of Turmoil

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Words of wisdom and miscellaneous facts by Dr. Wysong and others. This is an accumulation over several decades and the accuracy cannot be attested to.

"We'll know our disinformation program is complete when everything the American public believes is false."—William Casey CIA director 1981

The bigger the lie the greater its acceptance because people cannot believe authority figures would ignore reality.

To find truth we must hate the lie more than love accepted beliefs.

Fraud vitiates everything it touches. (common law maxim) Nudd v. Burrows (1875) 91 U.S. 416. Fraud destroys the validity of everything into which it enters. Boyce's Executors v. Grundy (1830) 28 U.S. 210. Fraud vitiates the most solemn contracts, documents and even judgments. United States v. Throckmorton (1878) 98 JUS. 61.70.

FORWARD

The accepted cosmogony/cosmology (origin and nature of the universe) belief is:

A big bang of nothing created an infinite meaningless universe containing atomic dust that gravitationally accreted into heavenly bodies including our Earthball moving in several different directions at 2.8 million mph and holding an atmosphere next to the vacuum of space while spontaneously forming life from primeval sludge that then evolved into complicated rocks called humans with no free will.

As we gaze into the sky and try to contemplate infinity, we can't help but be in awe of the astrophysicists and rocket scientists who have it all figured out. To question them is to be a conspiracy theorist, even a lunatic. Oh my, we must, after all, follow the crowd. We, the crowd, extend our trust to institutions charged with looking after our interests. But government, Big Medicine, education, media, industry, Big Tech, science, and NASA primarily chase money, their own security, and even power over us. That should not inspire confidence in prevailing beliefs they create and promote. If we want the truth, we have to find it ourselves. To do that requires the opposite of trusting in others. It means sleuthing what the powers that be try to hide from us in internet archives, banned videos, censored "disinformation," and what "fact checkers" say isn't so. This series will reveal what that research has revealed to me. After a lifetime of tacitly trusting and believing the accepted narrative, this astonishing fact came to light:

Nobody, including any scientist, can prove any aspect of the approved cosmogony/cosmology belief using experimentation and the scientific method.

That means an unproven belief, a story, and even fakery is being passed off as science and truth.

Although this subject may seem unimportant and inconsequential to everyday life, That's only true if we aren't being lied to about it. If the truth is being hidden from us, we can be sure of one thing, it's not being done for our benefit.

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